

SUPPLEMENT A – ASSISTANCE WITH ADDITIONAL ACTIVITIES OF DAILY LIVING

Please complete this Supplement if you indicate you need Assistance with **Additional Activities of Daily Living** on page 4 of the Application (Section IV, Service Needs).

| |
|------------------------------|
| Applicant Name: |
| Health Card (OHIP) #: |

Please note:

- Light housekeeping includes routine activities that keep a home clean, safe, and well-organized. The standard duties for cleaning are to maintain order and an acceptable level of basic cleanliness.
- Personal care is assigned a higher priority than housekeeping. Staff can commit no more than 2 hours/week to household help.
- Light housekeeping services are for the benefit of the client for whom care is provided, and are not intended to meet the housekeeping needs of others who also live in the home. Light housekeeping is completing the specific tasks required to tidy up areas that a client uses.
- Health care provider agencies are not professional housekeeping services. Generally caregivers do not have special housekeeping training. If your home requires cleaning outside of what is offered, the health service provider can connect you to a professional housekeeping service for those needs.
- Caregivers do not bring housekeeping supplies or products with them. Please ensure you have the necessary and preferred cleaning products and tools to do the job.
- Tasks which are generally not part of light housekeeping services include:
 - Washing windows
 - Moving furniture
 - Moving display items to clean under and around them
 - Deep cleaning or shampooing carpets or scrubbing floors
 - Cleaning excessive toilet-area matter
 - Scrubbing of shower/ tub.

Please identify the tasks that you need assistance with in order to maintain your independence. Not all agencies do all these tasks. Your health service provider agency will work with you to the best of their ability.

Application + Supplement(s) for Attendant /Assisted Living (and Supportive Housing) Services throughout the Champlain LHIN

Please indicate if and when tasks are needed.

| ACTIVITIES | Always | Sometimes |
|---|---------------|------------------|
| On an as-needed basis: | | |
| • Booking transportation (eg taxis, ParaTranspo) | | |
| • Handling finances/ paying bills | | |
| • Paying bills | | |
| • Watering plants | | |
| • Picking up mail from on-site residential mailbox | | |
| • Doing laundry (eg machine washing, drying, folding, putting back into drawers, hanging up) | | |
| • Ordering medications | | |
| • Travel accompaniment to appointments | | |
| • Assisting with maintaining a schedule of activities and appointments | | |
| • Using technology | | |
| • Ordering meals on wheels | | |
| • Shopping for food/groceries | | |
| • Assisting with cleaning immediate area if a toileting accident occurs | | |
| • Pet care (cat or dog only) | | |
| • Wiping down spills and sanitizing 'high touch' surfaces (such as door knobs, light switches) | | |
| | | |
| Daily: | | |
| • Taking trash and recycling (paper, plastic &/or metal) to the collection spot | | |
| • Preparing meals /washing dishes | | |
| • Tidying the general living space | | |
| • Remove and replace soiled linens | | |
| • Empty trash cans | | |
| • Assistance with charging mobility equipment | | |
| Other, please specify: | | |
| | | |
| Every 2 weeks: | | |
| • Cleaning the kitchen/kitchenette area: <ul style="list-style-type: none"> ○ Throwing away expired food items ○ Sponge cleaning fridge interior ○ Wiping out microwave ○ Wiping out oven ○ Wipe and dry sinks and faucets clean ○ Sponge cleaning stovetop ○ Wiping down of kitchen counters and other kitchen surfaces | | |
| • Shopping for personal items (toiletries or medicine) | | |

Application + Supplement(s) for Attendant /Assisted Living (and Supportive Housing) Services throughout the Champlain LHIN

| Every 2 weeks, continued: | Always | Sometimes |
|--|---------------|------------------|
| • Changing bed linens | | |
| • Changing towels | | |
| • Dusting | | |
| • Vacuuming and sweeping of general living space and walkways | | |
| • Cleaning the bathroom, including sink, shower/tub, countertop and mirror ○ maintenance-level cleaning and disinfection of toilet. | | |
| | | |
| Twice each year (seasonal housekeeping): | | |
| • Cleaning oven | | |
| • Cleaning interior windows and mirrors that can be reached without a ladder. | | |

Is there anything else you want us to know about your activities of daily living?